

# Managing Performance Anxiety In Tennis By Andrew David Peden

By Andrew David Peden

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Managing Performance Anxiety 6 pm - 7:30 pm; J. David Brown and John S. Earle 12 pm - 1:15 pm; Andrew Bernoff 1:30 pm;

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Andrew Peden Tennis iCoach Europe, and Australia. He is best known as the author of 'Managing Performance Anxiety in Tennis' (Trafford Books, 2007).

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<http://www.ihtephet.net/documents/Staffbooklet2013July.pdf>

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(2009). Managing tennis (2012). Mental obstacles to tennis performance Cognitive techniques to manage performance anxiety in tennis, 43, 12-13. Peden

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