

**The Belly Fat, Stress And Adrenal Fatigue
Solution: Are You Doing 21st Century Work With
19th Century Coping Skills? Learn How To
Increase Your Stress Tolerance And Get Rid Of
That Belly Fat. By Mr. Ross R. Craft**

By Mr. Ross R. Craft

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<http://www.webmd.com/heart-disease/news/20090806/stress-ups-belly-fat-heart-risks>

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